Coal County General Hospital Community Health Needs Assessment Summary and Implementation Strategy



Oklahoma Office of Rural Health

OSU Center for Rural Health

November 2015

This project is/was supported by the Health Resources and Services Administration (HRSA) of the U.S. Department of Health and Human Services (HHS) under grant number H54RH00058 and title: Medicare Rural Hospital Flexibility Grant Program for \$550,000, 0% financed with nongovernmental sources. This information or content and conclusions are those of the author and should not be construed as the official position or policy of, nor should any endorsements be inferred by HRSA, HHS or the U.S. Government.



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Introduction

New requirements for nonprofit, 501 (c)(3), hospitals were enacted under the Patient Protection and Affordable Care Act (ACA), passed on March 23, 2010. One of the most significant of the new requirements is the Community Health Needs Assessment (CHNA) that must be conducted during taxable years after March 23, 2012 and submitted with IRS form 990. A CHNA must then be completed every three years following.

While the requirements are fairly new, the IRS has made strides in defining hospitals that must complete the CHNA as well as details of what is expected in the CHNA report to be submitted. At this time the only entities that must complete the CHNA are hospital organizations defined as:

- An organization that operates a State-licensed hospital facility
- Any other organization that the Secretary determines has the provision of hospital care as its principal function or purpose constituting the basis for its exemption under section 501 (c)(3).

The general goal behind the requirement is to gather community input that leads to recommendations on how the local hospital can better meet and serve residents' needs. The community input is typically derived from a community survey and a series of open meetings. Local health data are presented. Community members then identify and prioritize their top health needs.

After listening to community input, the hospital defines an implementation strategy for their specific facility. The implementation strategy is a written plan that addresses each of the health needs identified in the community meetings. To meet Treasury and IRS guidelines an implementation strategy must:

- Describe how the hospital facility plans to meet the health need, or
- Identify the health need as one the hospital facility does not intend to meet and explain why the hospital facility does not intend to meet the health need¹

After the needs are identified that the hospital can address, the implementation strategy must take into account specific programs, resources, and priorities for that particular facility. This can include existing programs, new programs, or intended collaboration with governmental, nonprofit, or other health care entities within the community.²

¹ Internal Revenue Service. 2011. Notice and Requests for Comments Regarding the Community Health Needs Assessment Requirements for Tax-Exempt Hospitals. Internal Revenue Bulletin: 2011-30.

² Ibid

The facility must make the recommendations and implementation strategy widely available to community members. The facility must adopt the implementation strategy in that same taxable year.

Oklahoma Office of Rural Health Partnership

The Oklahoma Office of Rural Health makes this program available to all rural facilities in Oklahoma free of charge. The Oklahoma Office of Rural Health works closely with the hospital and community members to develop an economic impact of the local health sector, develop and analyze a local health services survey, and gather and analyze local health data. The community meetings are facilitated by a resource team that includes Corie Kasier and Lara Brooks of the Oklahoma Office of Rural Health.

After the meetings conclude, the resource team assists the hospital in developing their implementation strategy. After implementation, the resource team will assist in evaluation of the strategies implemented and provide continued assistance with data and resources.

This document discusses the steps taken to conduct a CHNA for Coal County General Hospital in 2015. It begins with a description of the hospital's medical service area, including a demographic analysis, and then summarizes each meeting that took place during the CHNA, process, and concludes with the implementation strategy and marketing plan.

Previous Community Health Needs Assessment- Priorities, Implementation, and Evaluation

Coal County General Hospital worked with the Oklahoma Office and Oklahoma Cooperative Extension Service in 2012 and 2013 to complete their first Community Health Needs Assessment. During that time, health concerns were identified by community members and then prioritized by community members in focus group-style meetings. The following identifies each priority, implementation taken, and an evaluation or impact of the implementation. This information was revisited and presented at the first Community Health Needs Assessment Meeting on September 9, 2015.

Area of concern: Access to care

Activity 1: Added Physician Assistant- The hospital added a PA at the hospital to cover emergency room patients and see patients admitted to the hospital.

Activity 2: Pain Management Clinic- A pain management clinic is now open one day per week at the hospital. Services include: injections and radio frequency procedures.

Activity 3: Formed and are members of an Accountable Care Organization, Access Care Oklahoma- The organization includes 102 physicians, 42 midlevel providers, 4 hospitals, 5

emergency departments, 3 rural health clinics, 2 urgent care clinics, 4 ancillary providers (2 home health, 1 hospice, and 1 durable medical equipment)

Activity 4: Physician recruitment- The hospital is actively and continually working to recruit physicians to the area.

Awareness of Community Outreach

A question was included on the community survey (complete methodology detailed on page 16) to gauge survey respondents' awareness of current community programs offered by the hospital. Three individuals or 10 percent of the total indicated they were aware of community programs. Survey respondents were then asked to list which programs they knew. Survey respondents listed the following services: blood pressure checks, blood drive, free drug testing for school children, and pain management.

Coal County General Hospital Medical Services Area Demographics

Figure 1 displays the Coal County General Hospital medical services area. Coal County General Hospital and all area hospitals are delineated in the figure. The surrounding hospitals are identified in the table below by county along with their respective bed count.

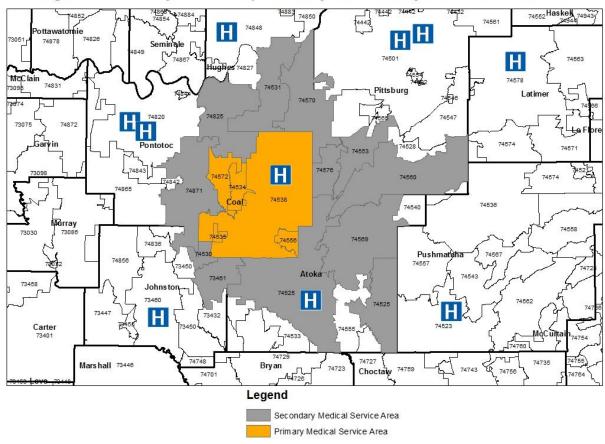


Figure 1. Coal County General Hospital Primary and Secondary Medical Service Areas

Figure 1. Coal County General Hospital Medical Service Areas

| City | County | Hospital | No. of Beds |
|-------------|------------|----------------------------------|-------------|
| Coalgate | Coal | Coal County General Hospital | 20 |
| Atoka | Atoka | Atoka Memorial Hospital | 25 |
| Holdenville | Hughes | Holdenville General Hospital | 25 |
| Tishomingo | Johnston | Johnston Memorial Hospital | 25 |
| Wilburton | Latimer | Latimer County General Hospital | 33 |
| McAlester | Pittsburg | McAlester Regional Health Center | 198 |
| Ada | Pontotoc | Rolling Hills Hospital | 40 |
| Ada | Pontotoc | Valley View Regional Hospital | 151 |
| Antlers | Pushmataha | Pushmataha Hospital | 48 |

As delineated in Figure 1, the primary medical service area of Coal County General Hospital includes the zip code area of Centrahoma, Clarita, Coalgate, Lehigh, and Tupelo. The primary medical service area experienced a population decrease of 1.5 percent from the 2000 Census to the 2010 Census (Table 1). This same service area experienced a slight decrease of 0.9 percent from the 2010 Census to the latest available, 2009-2013, American Community Survey.

The secondary medical services area is comprised of the zip code areas Atoka, Bromide, Calvin, Kiowa, Pittsburg, Stringtown, Stuart, Wardville, Allen, Wapanucka, and Stonewall. The secondary medical service area experienced an increase in population of 1.8 percent from 2000 to 2010 followed by a population decrease of 3.2 percent from 2010 to the 2009-2013 American Community Survey.

Table 1. Population of Coal County General Hospital Medical Service Area

| | bic 1. Topulati | 2000 | 2010 | 2009-2013 | % Change | % Change |
|------------------------|---------------------------------|--------------|--------------|--------------|--------------|--------------|
| Population by Zip Code | | Population | Population | Population | 2000-2010 | 2010-09-13 |
| Primary Med | dical Service | <u>_</u> | | | | |
| Area | | | | | | |
| 74534 | Centrahoma | 337 | 250 | 255 | -25.8% | 2.0% |
| 74535 | Clarita | 108 | 126 | 221 | 16.7% | 75.4% |
| 74538 | Coalgate | 4,270 | 4,200 | 3,967 | -1.6% | -5.5% |
| 74556 | Lehigh | 366 | 422 | 470 | 15.3% | 11.4% |
| 74572 | Tupelo | <u>717</u> | <u>712</u> | 745 | <u>-0.7%</u> | 4.6% |
| | Total | 5,798 | 5,710 | 5,658 | -1.5% | -0.9% |
| | | | | | | |
| Secondary M | <mark>l</mark> edical Service A | Area | | | | |
| 74525 | Atoka | 9,128 | 10,112 | 9,823 | 10.8% | -2.9% |
| 74530 | Bromide | 210 | 214 | 240 | 1.9% | 12.1% |
| 74531 | Calvin | 948 | 1,062 | 891 | 12.0% | -16.1% |
| 74553 | Kiowa | 1,475 | 1,384 | 1,057 | -6.2% | -23.6% |
| 74560 | Pittsburg | 644 | 635 | 559 | -1.4% | -12.0% |
| 74569 | Stringtown | 1,426 | 633 | 992 | -55.6% | 56.7% |
| 74570 | Stuart | 1,118 | 1,089 | 1,096 | -2.6% | 0.6% |
| 74576 | Wardville | 192 | 210 | 159 | 9.4% | -24.3% |
| 74825 | Allen | 2,305 | 2,170 | 2,211 | -5.9% | 1.9% |
| 73461 | Wapanucka | 762 | 795 | 840 | 4.3% | 5.7% |
| 74871 | Stonewall | <u>2,138</u> | <u>2,415</u> | <u>2,198</u> | 13.0% | <u>-9.0%</u> |
| | Total | 20,346 | 20,719 | 20,066 | 1.8% | -3.2% |

SOURCE: Population data from the U.S. Bureau of Census, Decennial Census 2000, 2010 and American Community Survey 2009-2013(August 2015)

Table 2 displays the current existing medical services in the primary service area of the Coal County General Hospital medical services area. Most of these services would be expected in a service area of Coalgate's size: one health center, one dental office, one pharmacy, one home health and hospice provider, and a county health department. Coal County General Hospital is a 20 bed critical access hospital located in Coal County. The hospital provides acute inpatient services, outpatient care, swing bed, 24/7 emergency department, and extended care services including home health, long term care, skilled nursing, and physical and occupational

therapy. A complete list of hospital services and community involvement activities can be found in Appendix A.

Table 2. Existing Medical Services in the Coal County General Hospital Medical Services

Area

| Count | Service | | |
|-------|----------------------------------------|--|--|
| 1 | Hospital: Coal County General Hospital | | |
| 1 | Health center | | |
| 1 | Dental office | | |
| 1 | Pharmacy | | |
| 1 | Nursing home | | |
| 1 | Home health and hospice provider | | |
| 1 | County Health Department: Coal County | | |

In addition to examining the total population trends of the medical service areas, it is important to understand the demographics of those populations. Table 3 displays trends in age groups for the primary and secondary medical service areas as well as Coal County in comparison to the state of Oklahoma. Overall, the over 65 age group has experienced an increase in population across all geographies from the 2010 Census to the latest, 2009-2013 American Community Survey except. This cohort accounted for 13.8 percent of the total population at the state level. This is compared to 18.8 percent of the population of the primary medical service area, 16.7 percent of the secondary medical service area, and 18.7 percent of Coal County. The 45-64 age group accounts for the largest share of the population in the primary (27.9%) and secondary (26.9%) service areas and Coal County (27.0%). This is compared to the state share of 25.5 percent of the total population.

Table 3. Percent of Total Population by Age Group for Coal County General Hospital Medical Service Areas, Coal County and Oklahoma

| Age Groups | Primary Medical Service Area | Secondary Medical Service Area | Coal County | Oklahoma |
|---------------------|---------------------------------|-----------------------------------|--------------|--------------|
| 2010 Census | | | | |
| 0-14 | 21.1% | 19.4% | 21.0% | 20.7% |
| 15-19 | 7.1% | 6.6% | 7.1% | 7.1% |
| 20-24 | 4.6% | 5.4% | 4.6% | 7.2% |
| 25-44 | 21.8% | 24.1% | 21.7% | 25.8% |
| 45-64 | 27.8% | 27.4% | 27.8% | 25.7% |
| 65+ | 17.7% | 17.0% | 17.8% | 13.5% |
| Totals | 100.0% | 100.0% | 100.0% | 100.0% |
| Total Population | 5,710 | 20,719 | 5,925 | 3,751,351 |
| 09-13 ACS | | | | |
| 0-14 | 20.3% | 19.1% | 21.1% | 20.7% |
| 15-19 | 6.9% | 6.9% | 7.0% | 6.9% |
| 20-24 | 5.6% | 5.7% | 5.5% | 7.3% |
| 25-44 | 20.7% | 24.8% | 20.7% | 25.8% |
| 45-64 | 27.8% | 26.9% | 27.0% | 25.5% |
| 65+ | <u>18.8%</u> | <u>16.7%</u> | <u>18.7%</u> | <u>13.8%</u> |
| Totals | 100.0% | 100.0% | 100.0% | 100.0% |
| Total Population | 5,658 | 20,066 | 5,927 | 3,785,742 |

SOURCE: U.S. Census Bureau, Decennial Census data for 2010 and American Community Survey data for 2009-2013 (www.census.gov [July 2015]).

Changes in racial and ethnic groups can impact the delivery of healthcare services, largely due to language barriers and dramatically different prevalence rates for specific diseases, such as diabetes. A noticeable trend in Oklahoma is the growth in the Hispanic origin population. In 2010, those of Hispanic origin accounted for 8.9 percent of the total state population. The latest American Community Survey data of 2009-2013 suggest that this population group has experienced an increase to 9.1 percent of the total population. This trend is

somewhat evident in Coal County and both medical service areas. The share of the population identified as of Hispanic Origin accounted for 3.2 percent of the primary medical service area's population in 2009-2013 and 3.3 percent of the secondary medical service area during the same time period. A more notable trend is the share of the Native American population in Coal County and both service areas. In 2010, this cohort accounted for 16.6 percent of the primary medical service area, 15.5 percent of the secondary medical service area, and 16.7 percent of Coal County's population. The latest American Community Survey data suggests a decline in these population groups. However, it can be assumed that this cohort is being represented through the "Two or More Races" category. This specific cohort accounted for 16.3 percent of the primary medical service area, 10.8 percent of the secondary medical service area, and 18.2 percent of Coal County's population.

Table 4. Percent of Total Population by Race and Ethnicity for Coal County General Hospital Medical Service Areas, Coal County and Oklahoma

| Race/Ethnic Groups | Primary Medical Service Area | Secondary Medical Service Area | Coal County | Oklahoma |
|--------------------------------|---------------------------------|-----------------------------------|-------------|-----------|
| | | | | |
| 2010 Census | | | | |
| White | 74.5% | 73.3% | 74.3% | 72.2% |
| Black | 0.5% | 2.8% | 0.5% | 7.4% |
| Native American ¹ | 16.6% | 15.5% | 16.7% | 8.6% |
| Other ² | 0.5% | 1.0% | 0.7% | 5.9% |
| Two or more Races ³ | 7.8% | 7.2% | 7.8% | 5.9% |
| Hispanic Origin ⁴ | 3.1% | 3.0% | 2.6% | 8.9% |
| Total Population | 5,710 | 20,719 | 5,925 | 3,751,351 |
| 09-13 ACS | | | | |
| White | 74.3% | 74.5% | 72.7% | 73.5% |
| Black | 0.5% | 3.4% | 0.5% | 7.2% |
| Native American ¹ | 7.5% | 9.8% | 7.4% | 7.0% |
| Other ² | 1.3% | 1.5% | 1.2% | 4.5% |
| Two or more Races ³ | 16.3% | 10.8% | 18.2% | 7.8% |
| Hispanic Origin ⁴ | 3.2% | 3.3% | 3.1% | 9.1% |
| Total Population | 5,658 | 20,066 | 5,927 | 3,785,742 |

SOURCE: U.S. Census Bureau, Decennial Census data for 2010 and American Community Survey data for 2009-2013 (www.census.gov [July 2015]).

¹ Native American includes American Indians and Alaska Natives.

² Other is defined as Asian Americans, Native Hawaiians, Pacific Islanders and all others.

³ Two or more races indicate a person is included in more than one race group.

⁴ Hispanic population is not a race group but rather a description of ethnic origin; Hispanics are included in the five race groups.

Summary of Community Meetings

Coal County General Hospital hosted four community meetings between September 9, 2015 and October 21, 2015. The Oklahoma Office of Rural Health facilitated these meetings. Summaries of the information presented at each meeting are included below in chronological order.

Community members in attendance at these meetings included:

- Coal County General Hospital representatives
- Coal County Health Department

- Coal County Cooperative Extension Service
- Coal County General Hospital board member

Average attendance at the community meetings was 5-7 community members. Community members were invited to attend through ads placed in the local newspaper before each community meeting. The hospital CEO personally called representatives from the city, county, Coal County Health Department, and local civic organizations to encourage these individuals to attend. Notices of community meetings were also placed on doors, windows, and bulletin boards of local businesses. Significant efforts were made to include and obtain information from representatives of the local public health sector, and community members who had great knowledge of health concerns facing low-income and racially diverse populations.

Economic Impact and Community Health Needs Assessment Overview, September 9, 2015

A meeting was held to discuss the economic impact of the health sector and explain the process and need for the Community Health Needs Assessment. The economic impact of the health sector was reviewed at this meeting (and is summarized below).

Table 5 below summarizes the overall economic impact of the health sector on the Coal County, Oklahoma economy. A form requesting information was sent to all health care providers in the medical service area. Local providers were asked to share their employment levels and of those employees how many were physicians/optometrists/dentists/pharmacists/etc. When available, payroll information was also collected from the establishments. When payroll information was not available, payroll was estimated using state level averages from the Bureau of Labor Statistics.

The health sector in the Coal County General Hospital medical service area employs 166 FTE individuals. After applying a county-specific employment multiplier to each respective sector, there is a total employment impact of 214 FTE employees. The same methodology is applied to income. The local health sector has a direct income impact of nearly \$8.1 million. When the appropriate income multiplier is applied, the total income impact is over \$9.5 million.

The last two columns examine the impact this has on the retail sector of the local community. Recent data suggest that just 36.7% of personal income in Coal County will be spent on taxable goods and services locally. Therefore, if we just examine the impact made on retail from those employed in the health sector, this would account for nearly \$3.5 million spent locally, generating \$35,036 on a 1% tax. A copy of the meeting materials that were distributed can be found in Appendix C.

At the conclusion of the meeting, community members were asked to identify their top health concerns based on the demographic information presented and their local expertise. The following concerns were identified:

- Viability of healthcare services- increase cuts to reimbursements
- Patients leaving community (leaving to get groceries and doing business)
- Impact of midlevels, patients prefer midlevel providers
- Recruiting physicians to rural areas
- EMS funding, pay and hire employees

Table 5. Coal County General Hospital Medical Service Area Health Sector Impact on Employment and Income, and Retail Sales and Sales Tax

| |] | Employment | | Income | | | Retail | 1 Cent |
|------------------------------------------------------------------------|----------|------------|-----------|-------------|------------|-------------|-------------|-----------------|
| Health Sectors | Employed | Multiplier | Impact | Income | Multiplier | Impact | Sales | Sales Tax |
| Hospitals | 49 | 1.34 | 66 | \$2,495,884 | 1.22 | \$3,037,139 | \$1,114,630 | \$11,146 |
| Physicians, Dentists, & Other Medical Professionals & Pharmacies | 21 | 1.24 | 26 | \$1,512,128 | 1.21 | \$1,831,120 | \$672,021 | \$6,720 |
| Nursing Homes | 52 | 1.19 | 62 | \$1,573,340 | 1.17 | \$1,834,845 | \$673,388 | \$6,734 |
| Home Health & Other Medical & Health Services | 44 | 1.38 | <u>61</u> | \$2,501,004 | 1.14 | \$2,843,420 | \$1,043,535 | <u>\$10,435</u> |
| Total | 166 | | 214 | \$8,082,356 | | \$9,546,524 | \$3,503,574 | \$35,036 |

SOURCE: 2013 IMPLAN database, Minnesota IMPLAN Group, Inc.; Local data for employment, employee compensation and proprietor's income; income estimated based on state average incomes if local data not available

^{*} Based on the ratio between Coal County retail sales and income (36.7%) – from 2014 County Sales Tax Data and 2013 Personal Income Estimates from the Bureau of Economic Analysis.

Health Data, September 23, 2015

A community meeting was held September 23, 2015, to examine various sources of local health data. Various sources of health data were examined including data from the County Health Rankings and Roadmaps Program through the University of Wisconsin Population Health Institute, and the Robert Woods Johnson Foundation and the 2014 Oklahoma State of the State's Health Report compiled by the Oklahoma State Department of Health. The County Health Rankings program evaluates and ranks counties based on two distinct areas: Health Factors and Health Outcomes. Along with these two areas counties receive an overall rank within their state; therefore 1=best and 77=worst.

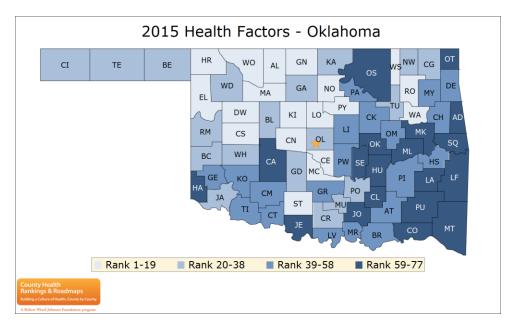
Health factors, considered tomorrow's health, are comprised of health behaviors (rank: 55), clinical care (rank: 76), social and economic factors (rank: 58), and physical environment (rank: 10). Coal County's overall health factors rank is 70. This suggests, in general, the health status of Coal County residents is somewhat comparable to that of neighboring counties. Areas of concern include Coal County's smoking rate, adult obesity rate, alcohol-impaired driving deaths, sexually transmitted infections, and the teen birth rate are all less desirable than the top U.S. performers. Also, the rate of uninsured individuals, the county population ratio to primary care physicians, dentists, and mental health providers, and the number of preventable hospital stays, are all areas of concern in Coal County. All health factors variables are presented in Table 6 along with Coal County specific data, the top U.S. performers, and the state average. The bold italicized categories are the areas identified by the County Health Rankings and Roadmaps as areas to explore (generally where Coal County ranks very poorly compared to the national benchmark).

Table 6. Health Factors (Overall Rank 70)

| Category (Rank) | Coal County | Error Margin | Top U.S. Performers | Oklahoma |
|----------------------------------------|--------------------|-----------------|------------------------|----------|
| Health Behaviors (55) | | | | |
| Adult Smoking | 23% | 13-37% | 14% | 24% |
| Adult Obesity | 34% | 27-41% | 25% | 32% |
| Food Environment Index | 6.2 | | 8.4 | 6.7 |
| Physical Inactivity | 33% | 26-41% | 20% | 30% |
| Access to Exercise Opportunities | 46% | | 92% | 72% |
| Excessive Drinking | | | 10% | 13% |
| Alcohol-Impaired Driving Deaths | 55% | | 14% | 33% |
| Sexually Transmitted Infections | 587 | | 138 | 442 |
| Teen Birth Rate | 76 | 61-91 | 20 | 54 |
| Clinical Care (76) | | | | |
| Uninsured | 26% | 24-29% | 11% | 21% |
| Primary Care Physicians | 5,963:1 | | 1,045:1 | 1,567:1 |
| Dentists | 5,867:1 | | 1,377:1 | 1,805:1 |
| Mental Health Providers | 5,867:1 | | 386:1 | 285:1 |
| Preventable Hospital Stays | 250 | 217-283 | 41 | 71 |
| Diabetic Screening | 71% | 55-87% | 90% | 78% |
| Mammography Screening | 49% | 33-65% | 71% | 55% |
| Social & Economic Factors (58) | | | | |
| High School Graduation | 94% | | | 78% |
| Some College | 40% | 32-48% | 71% | 58% |
| Unemployment | 6.8% | | 4.0% | 5.4% |
| Children in Poverty | 27% | 19-35% | 13% | 24% |
| Income Inequality | 4.5 | 4.0-5.1 | 3.7 | 4.6 |
| Children in Single-Parent Household | 40% | 27-53% | 20% | 24% |
| Social Associations | 10.1 | | 22.0 | 11.8 |
| Violent Crime Rate | 112 | | 59 | 468 |
| Injury Deaths | 132 | 94-181 | 50 | 86 |
| Physical Environment (10) | | | | |
| Air-Pollution- Particulate Matter | 10.3 | | 9.5 | 10.3 |
| Drinking Water Violations | 0% | | 0% | 23% |
| Severe Housing Problems | 11% | 8-14% | 9% | 14% |
| Driving Alone to Work | 78% | 74-82% | 71% | 82% |
| Long Commute- Driving Alone | 35% | 28-41% | 15% | 25% |

Source: County Health Rankings & Roadmaps; University of Wisconsin Population Health Institute; Robert Wood Johnson Foundation

The following figure depicts each county's rank by shade. Coal County's overall health factors ranking is less favorable than Atoka, Pittsburg, and Pontotoc Counties and comparable to Johnston and Hughes Counties.



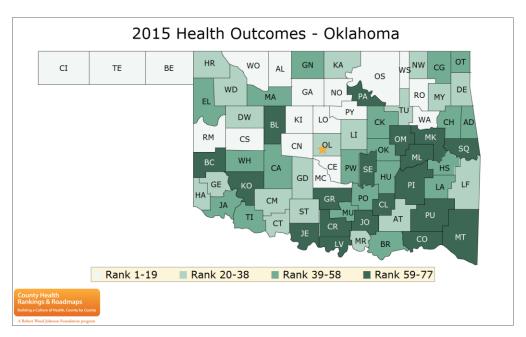
In terms of health outcomes, considered, today's health, Coal County's ranking is 60th in the state. Health outcomes are comprised of two areas: length of life and quality of life. The variables for each of these sections are presented in Table 7.

Table 7. Health Outcomes (Overall Rank 60)

| Category (Rank) | Coal County | Error Margin | Top U.S. Performers | Oklahoma |
|---------------------------|--------------------|------------------|------------------------|----------|
| Length of Life (69) | | | | |
| Premature Death | 12,559 | 9,225- 15,894 | 5,200 | 9,121 |
| Quality of Life (30) | | | | |
| Poor or Fair Health | 22% | 12-35% | 10% | 19% |
| Poor Physical Health Days | 4.2 | 2.0-6.4 | 2.5 | 4.3 |
| Poor Mental Health Days | | | 2.3 | 4.2 |
| Low Birth Weight | 7.4% | 5.2-9.6% | 5.9% | 8.3% |

Source: County Health Rankings & Roadmaps; University of Wisconsin Population Health Institute; Robert Wood Johnson Foundation

The following figure shows county health outcomes rankings by shades. Coal County's rank is less favorable than Atoka, Hughes, and Pontotoc Counties, but is comparable to Pittsburg and Johnston Counties. All meeting materials distributed at this meeting can be found in Appendix D.



At the conclusion of the meeting, community members were once asked to identify what health concerns stand out in the data the presented and their local expertise. The health concerns identified include:

- Teen birth rate- services available at local health department, just underutilized
- Need for nurses and nurse aides

CNAs used to be trained locally

Agency hiring negatively impacts attraction

- Suicides- mental health- drug overdose, problems, increased depression, domino effect from initial use
- Heart disease- lifestyle, reluctance to go to doctor, change habits

Community Survey Methodology and Results, September 9- October 7, 2015

A survey was designed to gauge hospital usage, satisfaction, and community health needs. The survey was available in both paper and web format. Surveys were distributed through the local newspaper. Over 2,000 surveys were included in the newspaper. An electronic survey link was placed on the hospital's website. Surveys were also distributed at the first community meeting on September 9, 2015. Community members in attendance also received a follow-up email with a PDF copy of the survey and the electronic survey link. A copy of the

survey form and results can be found in Appendix E. Community members were asked to return their completed surveys to Coal County General Hospital.

The survey ran from September 9, 2015 to September 25, 2015. A total of 30 surveys from the Coal County General Hospital medical service area were completed. Of the surveys returned, all 30 were hard copy surveys. The survey results were presented at the October 7, 2015, community meeting.

Table 8 below shows the survey respondent representation by zip code. The largest share of respondents was from the Coalgate (74538) zip code with 24 responses or 80.0 percent of the total. Atoka followed with 2 responses.

Response Category No. % 74538- Coalgate 24 80.0% 74525- Atoka 6.7% 2 74533- Caney 1 3.3% 74534- Centrahoma 1 3.3% 1 74556- Lehigh 3.3%

1

30

Table 8. Zip Code of Residence

The survey focused on several health topics of interest to the community. Highlights of the results include:

Primary Care Physician Visits

74569- Stringtown

Total

- 86.7% of respondents had used a primary care physician in the Coalgate service area during the past 24 months
- 92.3% of those responded being satisfied
- Only 9 respondents or 30.0% of the survey respondents believe there are enough primary care physicians practicing in the Coalgate area
- 66.7% of the respondents would consider seeing a midlevel provider for their healthcare needs
- 83.3% responded they were able to get an appointment with their primary care physician when they needed one

3.3%

100.0%

Specialist Visits

Summary highlights include:

- 63.3% of all respondents report some specialist visit in past 24 months
- Most common specialty visited are displayed in Table 9
- Only 5% of specialist visits occurred in Coalgate

Table 9. Type of Specialist Visits

| No. | Percent |
|-----------|------------------------------|
| | |
| 12 | 30.3% |
| | |
| 5 | 12.5% |
| | |
| 4 | 10.0% |
| | |
| 2 | 5.0% |
| | |
| 2 | 5.0% |
| | |
| <u>15</u> | <u>37.5%</u> |
| | |
| <u>40</u> | 100.0% |
| | 12 5 4 2 2 15 |

Some respondents answered more than once.

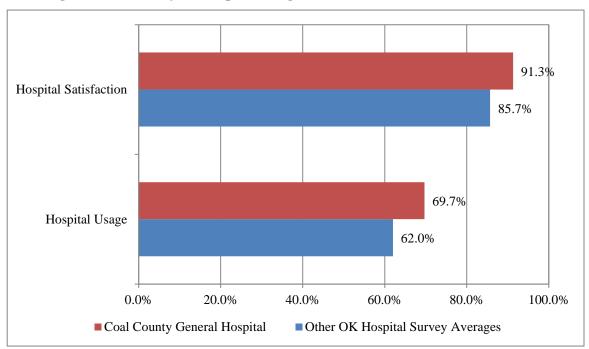
Hospital Usage and Satisfaction

Survey highlights include:

- 69.7% of survey respondents that have used hospital services in the past 24 months used services at Coal County General Hospital
 - Norman Regional Health System, Norman (3.0%), OSU Medical Center,
 Tulsa (3.0%), Mercy Hospital Ada (3.0%), Atoka County Medical Center (3.0%), and McAlester Regional Health Center (3.0%) followed
 - The most common response for using a hospital other than Coal County General Hospital was availability of specialty care (including surgery) (33.3%) and physician referral (33.3%)
 - The usage rate of 69.7% was higher than the state average of 62.0% for usage of other rural Oklahoma hospitals surveyed

- 91.3% of survey respondents were satisfied with the services received at Coal County General Hospital
 - This is below the state average for other hospitals (85.7%)
- Most common services used at Coal County General Hospital:
 - o Diagnostic Imaging (30.0%)
 - o Laboratory (23.3%)
 - o Emergency Room (18.3%)

Figure 2. Summary of Hospital Usage and Satisfaction Rates



Local Healthcare Concerns and Additional Services

Survey respondents were asked what concerns them most about healthcare in their community. The most common response Lack of providers/Retaining providers/Qualified providers (13.9%), followed by No concerns/Receive good care/Don't know (8.3%) and Lack of specialists (8.3%) Table 10 displays all responses and the frequencies.

Table 10. Top Health Care Concerns in the Coalgate Area

| Response Category | No. | % |
|------------------------------------------------------------|-----|--------|
| Lack of providers/Retaining providers/Qualified providers | 5 | 13.9% |
| No Concerns/ Receive good care/Don't Know | 3 | 8.3% |
| Lack of specialists | 3 | 8.3% |
| Quality of care | 2 | 5.6% |
| Keeping local services/longevity of services | 2 | 5.6% |
| Need to update facilities/Age of facility | 2 | 5.6% |
| Long wait in physician office/Physician time spent patient | 2 | 5.6% |
| Emergency service | 1 | 2.8% |
| Medicare cuts | 1 | 2.8% |
| Healthcare employee pay | 1 | 2.8% |
| Hiring agency employees | 1 | 2.8% |
| Availability of modern equipment | 1 | 2.8% |
| Cleanliness | 1 | 2.8% |
| Hospital organization | 1 | 2.8% |
| No response | 10 | 27.8% |
| Total | 36 | 100.0% |

Survey respondents also had the opportunity to identify what additional services they would like to see offered in their community. The most common response was specialists with 2 total responses or 5.9 percent of the total and cancer treatment including chemo and radiation, also with 2 responses. Table 11 displays the full listing of responses.

Table 11. Additional Services Community Members Would Like to See Offered at Coal County General Hospital

| Response Category | No. | % |
|--------------------------------------------------------------------|-----|--------|
| Specialists | 2 | 5.9% |
| Cancer treatment: Chemo and Radiation | 2 | 5.9% |
| No additional services/Satisfied with what is available/Don't know | 1 | 2.9% |
| Dialysis | 1 | 2.9% |
| Urgent care | 1 | 2.9% |
| Skilled nursing facility | 1 | 2.9% |
| Geropsych facility | 1 | 2.9% |
| Mammography | 1 | 2.9% |
| Improved physical therapy | 1 | 2.9% |
| Wellness center | 1 | 2.9% |
| More physicians | 1 | 2.9% |
| Keep the hospital | 1 | 2.9% |
| No response | 20 | 58.8% |
| Total | 34 | 100.0% |

Primary Care Physician Demand Analysis, October 7, 2015

A demand analysis of primary care physicians was completed for the zip codes that comprise the Coalgate primary and secondary medical services areas. This analysis examined average primary care physician visit rates by gender and by age groups. Once age- and gender-specific coefficients were applied, total primary care physician visit numbers were calculated by service area. Table 12 displays potential primary care physician rates by shares of service area. For example, if 90% of residents in the primary medical services area and 10% of residents in the secondary medical services area utilize services of primary care physicians in the Coalgate medical services area, a total of 12,332 annual visits would occur. This would suggest that the Coalgate medical services area would need 2.9 FTE primary care physicians to meet the needs of their existing population. Table 12 displays the estimated number of visits by share of medical services area.

Table 12. Primary Care Physician Office Visits Given Usage by Local Residents in the Coalgate, Oklahoma Medical Service Area

Usage by Residents of Primary Service Area

Usage by Residents of Secondary

| | 70% | 75% | 80% | 85% | 90% | 95% | 100% |
|--------------------------|--------------------------------------|--------------------------------------|--------------------------------------|--------------------------------------|--------------------------------------|--------------------------------------|--------------------------------------|
| 5% | 8,654 | 9,151 | 9,649 | 10,146 | 10,644 | 11,142 | 11,639 |
| 10% | 10,342 | 10,839 | 11,337 | 11,834 | 12,332 | 12,830 | 13,327 |
| 15% | 12,030 | 12,527 | 13,025 | 13,522 | 14,020 | 14,517 | 15,015 |
| 20% | 13,718 | 14,215 | 14,713 | 15,210 | 15,708 | 16,205 | 16,703 |
| 25% | 15,406 | 15,903 | 16,401 | 16,898 | 17,396 | 17,893 | 18,391 |
| 30% | 17,094 | 17,591 | 18,089 | 18,586 | 19,084 | 19,581 | 20,079 |
| 35% | 18,782 | 19,279 | 19,777 | 20,274 | 20,772 | 21,269 | 21,767 |
| 40% | 20,470 | 20,967 | 21,465 | 21,962 | 22,460 | 22,957 | 23,455 |
| 45% | 22,158 | 22,655 | 23,153 | 23,650 | 24,148 | 24,645 | 25,143 |
| 50% | 23,846 | 24,343 | 24,841 | 25,338 | 25,836 | 26,333 | 26,831 |
| 30% 35% 40% 45% | 17,094 18,782 20,470 22,158 | 17,591 19,279 20,967 22,655 | 18,089 19,777 21,465 23,153 | 18,586 20,274 21,962 23,650 | 19,084 20,772 22,460 24,148 | 19,581 21,269 22,957 24,645 | 20,079 21,767 23,453 25,143 |

If 90% primary medical service area and 10 to 15% secondary medical service area, then the usage would be: 12,332 to 14,020 total primary care physician office visits in the Coalgate area for an estimated 2.9 to 3.4 Total Primary Care Physicians.

(Based on 83.7 average weekly primary care physician visits with a 50 week year)

At the conclusion of the meeting, community members were once again asked what stood out to them from the survey results and physician demand analysis as health concerns. Community members present did not add additional health concerns to the existing list.

Community Health Needs Implementation Strategy

During the October 21, 2015, meeting, hospital representatives and community members discussed how these concerns can be addressed. The following lists the concerns along with steps the hospital and community plan to take to remedy the situation.

- EMS Transfers- The concern of the availability of EMS transfers was discussed by several representatives from the hospital. It was noted that due to uncertain availability, many transfers are completed via helicopter rather than ground which places a larger cost burden on the patient. The availability of transfers also has an impact on patient care and outcomes.
 - The ideal action step would be for a paramedic to be available on every shift for transfers. The resource team will reach out to other community EMS providers to gather best practices and reach out to the Oklahoma Department of Health to see about resources available.

- Mental health- This priority was mentioned as a struggle to find services for patients, open beds for patients. It was mentioned that oftentimes when available beds are not found for patients that they are kept at the hospital until a bed becomes available.
 - Looking into telemedicine services as option for mental health services. The
 hospital also applied for equipment grant through OU and is still waiting to hear if
 they have received the grant.
- Need for primary care providers
 - One DO in community, one DO at the FQHC. There is a continual need to plan for future in terms of recruiting physicians.
 - It was noted that midlevels can help alleviate need for primary care providers and cover some primary care patients in the area.
- Telemedicine- This priority was previously mentioned as a potential source to provide mental health services. It can also alleviate travel to outside of community to see specialists.
 - The ACO can provide access to more specialists coming through community.
 - It was also previously mentioned that the hospital is making strides in this area by joining the ACO and applying for grant funding for telemedicine equipment.

Community Health Needs Assessment Marketing Plan

The hospital will make the Community Health Needs Assessment Summary available upon request at Coal County General Hospital, and a copy will be available to be downloaded from the hospital's website (www.ccghospital.com). This document will also be available on the OSU Center for Rural Health blog site: (http://osururalhealth.blogspot.com/p/chna.html).

Appendix A- Hospital Services/Community Benefits



Coal County General Hospital Hospital Services and Community Benefits

Hospital Services

Acute Inpatient

Outpatient

Swing Bed

Emergency Room

Radiology

X-Ray

Ultrasound

Echoes

CT

Laboratory

Physical Therapy

Extended Care Services

Home Health

Advantage Provider Services

Long Term Care

Skilled Nursing

Physical Therapy

Occupational Therapy

Community Benefits

Subsidized Community Health Services

Donations to other non-profit healthcare related providers

Financial support to healthcare educational services

Relay for Life

FFA Booster

Blood Drives

Athletic Booster Sponsor

Salvation Army Volunteer

Health Fairs

Meals on Wheels

Appendix B Community Meeting Attendees

Coal County General Hospital Community Health Needs Assessment Meeting 1 CHNA Overview and Economic Impact 9-Sep-15

| First Name | Last Name | Title | Organization |
|------------|-----------|----------------|------------------------------|
| Billy | Johnson | CEO | Coal County General Hospital |
| Neal | Servais | Board Chairman | Coal County General Hospital |
| Farra | Farley | RN, BSN | Coal County General Hospital |
| Brenda | Wood | RN | Tender Care Home Health |
| Ty | Bohannon | PA-C | Helton Rural Health |
| Rick | Channey | VP | First Bank |
| David | Holt | Fire Chief | City of Coalgate |

Coal County General Hospital Community Health Needs Assessment Meeting 2 Health Indicators and Outcomes Presentation 23-Sep-15

| First Name | Last Name | Title | Organization |
|------------|-----------|--------------|-------------------------------|
| Billy | Johnson | CEO | Coal County General Hospital |
| Mary | Lane | RN/Adm | Tender Care Home Health |
| Diane | Downard | CFO | Coal County General Hospital |
| Carmina | Magloy | Admin. Asst. | Coal County Health Department |

Coal County General Hospital Community Health Needs Assessment Meeting 3: Survey Results and Primary Care Physician Demand Analysis Presentation 7-Oct-15

| First Name | Last Name | Title | Organization |
|------------|-----------|--------------|-------------------------------------------|
| Billy | Johnson | CEO | Coal County General Hospital |
| Diane | Downard | CFO | Coal County General Hospital |
| Kelsey | Ratcliff | FCS Educator | Coal County Cooperative Extension Service |

Coal County General Hospital Community Health Needs Assessment Meeting 4: Health Concern Prioritization and Implementation Discussion 21-Oct-15

| First Name | Last Name | Title | Organization |
|------------|-----------|---------|------------------------------|
| Billy | Johnson | CEO | Coal County General Hospital |
| Farra | Farley | RN, BSN | Coal County General Hospital |
| Debra | Yother | RN | Coal County General Hospital |

The Economic and Demographic Analysis of the Coal County General Hospital Medical Service Area

As part of the Community Health Needs Assessment

Economic and Social Indicators for Coal County:

Economic Data

| 2013 Per Capita Income ¹ | \$30,722 (66th highest in state) |
|--------------------------------------------------------------------|---------------------------------------------------------------------|
| Employment (June 2015, preliminary ² | 2,161 (1.7% from 2014) |
| Unemployment (June 2015, preliminary) ² | 202 (29.5% from 2014) |
| Unemployment rate (June 2015, preliminary) ² | 8.5% (74th lowest in state) |
| 2013 Poverty rate ³ | 18.1% (41st lowest in state) |
| 2013 Child poverty rate ³ | 26.8% (43rd lowest in state) |
| 2013 Transfer Payments ¹ | \$54,673,000 (30.3% of total personal income, 41st lowest in state) |
| 2013 Medical Benefits as a share of Transfer Payments ¹ | 48.6% (69th lowest in state) |

¹Bureau of Economic Analysis, Regional Data, 2013, ² Bureau of Labor Statistics 2013-2014, ³U.S. Census Bureau, Small Area Income and Poverty, 2013

Education Data

| At Least High School Diploma ¹ | 80.7% (66th highest in state) |
|--------------------------------------------------------|-------------------------------|
| Some College ¹ | 36.0% (76th highest in state) |
| At Least Bachelor's Degree ¹ | 13.3% (67th highest in state) |
| 2012-2013 Free and Reduced Lunch Eligible ² | 71.6% (54th lowest in state) |

¹U.S. Census Bureau, American Community Survey, 2009-2013, ²National Center for Education Statistics, 2012-2013

Payer Source Data

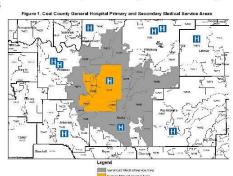
| 2013 Uninsured Rate (under 65) ¹ | 26.1% (72nd lowest in state) |
|------------------------------------------------------|------------------------------|
| 2013 Uninsured Rate (under 19) ¹ | 14.9% (72nd lowest in state) |
| 2012 Medicare share of total population ² | 21.2% (47th lowest in state) |
| 2014 Medicaid share of total population ³ | 34.0% (60th lowest in state) |

¹ U.S. Census Bureau, Small Area Health Insurance Estimates, 2012, ² Centers for Medicare & Medicaid Services, Medicare Aged and Disabled by State and County, 2012, ³ Oklahoma Health Care Authority, Total Enrollment by County, 2015

Population (2009-2013)

| Coal County | 5,927 (0.9% from 2010) |
|--------------------------------|----------------------------|
| Primary Medical Service Area | 5,658 (-0.9% from 2010) |
| Secondary Medical Service Area | 20,066 (-3.2% from 2010) |
| Oklahoma | 3,785,742 (0.9% from 2010) |

U.S. Census Bureau, 2009-2013 American Community Survey 2010 Decennial Census







Percent of Total Population by Age Group for Coal County General Hospital Medical Service Areas, Coal County and Oklahoma

| Age Groups | Primary Medical Service Area | Secondary Medical Service Area | Coal County | Oklahoma |
|------------------------------------------------------------------------|-------------------------------------------------------------------|-------------------------------------------------------------------|------------------------------------------------|------------------------------------------------|
| 09-13 ACS 0-14 15-19 20-24 25-44 45-64 65+ Totals | 20.3% 6.9% 5.6% 20.7% 27.8% <u>18.8%</u> 100.0% | 19.1% 6.9% 5.7% 24.8% 26.9% <u>16.7%</u> 100.0% | 7.0% 5.5% 20.7% 27.0% <u>18.7%</u> | 6.9% 7.3% 25.8% 25.5% <u>13.8%</u> |
| Total Population | 5,658 | 20,066 | 5,927 | 3,785,742 |

SOURCE: U.S. Census Bureau, 2009-2013 American Community Survey

Percent of Total Population by Race and Ethnicity for Coal County General Hospital Medical Service Areas, Coal County and Oklahoma

| Race/Ethnic Groups | Primary Medical Service Area | Secondary Medical Service Area | Coal County | Oklahoma |
|--------------------|---------------------------------|-----------------------------------|-------------|-----------|
| 09-13 ACS | | | | |
| White | 74.3% | 74.5% | 72.7% | 73.5% |
| Black | 0.5% | 3.4% | 0.5% | 7.2% |
| Native American | 7.5% | 9.8% | 7.4% | 7.0% |
| Other | 1.3% | 1.5% | 1.2% | 4.5% |
| Two or more Races | 16.3% | 10.8% | 18.2% | 7.8% |
| Hispanic Origin | 3.2% | 3.3% | 3.1% | 9.1% |
| Total Population | 5,658 | 20,066 | 5,927 | 3,785,742 |

SOURCE: U.S. Census Bureau, 2009-2013 American Community Survey

For additional information, please contact:

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This project is/was supported by the Health Resources and Services Administration (HRSA) of the U.S.

Department of Health and Human Services (HHS) under grant number H54RH00058 and title: Medicare Rural Hospital Flexibility Grant Program for \$550,000, 0% financed with nongovernmental sources. This information of content and conclusions are those of the author and should not be construed as the official position or policy of the least nor should any endorsements be inferred by HRSA, HHS or the U.S. Government.

Coal County General Hospital Economic Impact



Healthcare, especially a hospital, plays a vital role in local economies.

Coal County General Hospital <u>directly</u> employs **49** people with an annual payroll of nearly **\$2.5** million including benefits

- These employees and income create an additional **17** jobs and over **\$500,000** in income as they interact with other sectors of the local economy
- Total impacts = 66 jobs and over \$3.0 million
- Other segments of the healthcare sector (Doctors, Home Health, Pharmacies, etc.) provide another **117 jobs** and an additional **\$5.5 million** in wages
- Their interactions and transactions within the local economy create:
- Total health sector impacts= 214 jobs and \$9.5 million (Including the hospital)
- Over \$3.5 million in retail sales generated from income received by healthcare sector employees

Healthcare and Your Local Economy:

- Attracts retirees and families
- Appeals to businesses looking to establish and/or relocate
- High-quality healthcare services and infrastructure foster community development
- Positive impact on retail sales of local economy

Consider what could be lost without the hospital:

- Pharmacies
- Physicians/Specialists
- Potential Retail Sales

Services

Services

Services

Services

Services

Source: Doeksen, G.A., T. Johnson, and C. Willoughby. 1997. Measuring the Economic Importance of the Health Sector on a Local Economy: A Brief Literature Review and Procedures to Measure Local Impacts

For additional information, please contact: Lara Brooks, Rural Health Analyst, lara.brooks@okstate.edu Corie Kaiser, Director, corie.kaiser@okstate.edu Oklahoma Office of Rural Health Phone: 405.840.6500



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Health Indicators and Outcomes for the Coal County General Hospital Medical Service Area

As part of the Community Health Needs Assessment

Table 1. Health Factors (Overall Rank 70)

| Category (Rank) | Coal County | Error Margin | Top U.S. Performers | Oklahoma |
|----------------------------------------|-------------|-----------------|------------------------|----------|
| Health Behaviors (55) | | | | |
| Adult Smoking | 23% | 13-37% | 14% | 24% |
| Adult Obesity | 34% | 27-41% | 25% | 32% |
| Food Environment Index | 6.2 | | 8.4 | 6.7 |
| Physical Inactivity | 33% | 26-41% | 20% | 30% |
| Access to Exercise Opportunities | 46% | | 92% | 72% |
| Excessive Drinking | | | 10% | 13% |
| Alcohol-Impaired Driving Deaths | 55% | | 14% | 33% |
| Sexually Transmitted Infections | 587 | | 138 | 442 |
| Teen Birth Rate | 76 | 61-91 | 20 | 54 |
| Clinical Care (76) | | | | |
| Uninsured | 26% | 24-29% | 11% | 21% |
| Primary Care Physicians | 5,963:1 | | 1,045:1 | 1,567:1 |
| Dentists | 5,867:1 | | 1,377:1 | 1,805:1 |
| Mental Health Providers | 5,867:1 | | 386:1 | 285:1 |
| Preventable Hospital Stays | 250 | 217-283 | 41 | 71 |
| Diabetic Screening | 71% | 55-87% | 90% | 78% |
| Mammography Screening | 49% | 33-65% | 71% | 55% |
| Social & Economic Factors (58) | | | | _ |
| High School Graduation | 94% | | | 78% |
| Some College | 40% | 32-48% | 71% | 58% |
| Unemployment | 6.8% | | 4.0% | 5.4% |
| Children in Poverty | 27% | 19-35% | 13% | 24% |
| Income Inequality | 4.5 | 4.0-5.1 | 3.7 | 4.6 |
| Children in Single-Parent Household | 40% | 27-53% | 20% | 24% |
| Social Associations | 10.1 | | 22.0 | 11.8 |
| Violent Crime Rate | 112 | | 59 | 468 |
| Injury Deaths | 132 | 94-181 | 50 | 86 |
| Physical Environment (10) | | | | |
| Air-Pollution- Particulate Matter | 10.3 | | 9.5 | 10.3 |
| Drinking Water Violations | 0% | | 0% | 23% |
| Severe Housing Problems | 11% | 8-14% | 9% | 14% |
| Driving Alone to Work | 78% | 74-82% | 71% | 82% |
| Long Commute- Driving Alone | 35% | 28-41% | 15% | 25% |

Source: County Health Rankings & Roadmaps; University of Wisconsin Population Health Institute; Robert Wood Johnson Foundation





2015 Health Factors - Oklahoma

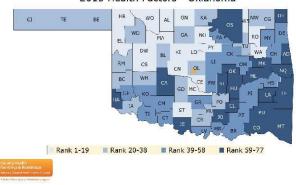
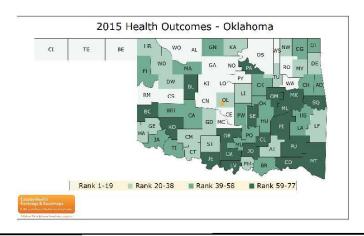


Table 2. Health Outcomes (Overall Rank 60)

| Category (Rank) | Coal County | Error Margin | Top U.S. Performers | Oklahoma |
|---------------------------|-------------|------------------|------------------------|----------|
| Length of Life (69) | | | | |
| Premature Death | 12,559 | 9,225- 15,894 | 5,200 | 9,121 |
| Quality of Life (30) | | | | |
| Poor or Fair Health | 22% | 12-35% | 10% | 19% |
| Poor Physical Health Days | 4.2 | 2.0-6.4 | 2.5 | 4.3 |
| Poor Mental Health Days | | | 2.3 | 4.2 |
| Low Birth Weight | 7.4% | 5.2-9.6% | 5.9% | 8.3% |

Source: County Health Rankings & Roadmaps; University of Wisconsin Population Health Institute; Robert Wood Johnson Foundation



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COAL COUNTY

Mortality and Leading Causes of Death

- Coal County ranked 60th in the state for total mortality (age adjusted rate).
- Coal County's leading causes of death were heart disease, cancer, and unintentional injury.
- Coal County's rates of death due to heart disease and unintentional injury were more than double the national rates.
- The rate of deaths due chronic lower respiratory disease ranked the county as the 4^{th} lowest in the state.

Disease Rates

- The prevalence of diabetes in Coal County was 32% higher than the national rate.

Risk Factors, Behaviors and Socioeconomic Factors

- 1 in 6 adults (17%) did not have health insurance.
- Coal County ranked near the bottom for self-health rating, teen fertility, fruit consumption, adult dental visits, preventable hospitalizations, and vaccination coverage for children under 3 years of age.
- 73% of adults reported good or better health which ranked Coal county as the 5th worst in the state.
- Nearly 1 in 4 people in Coal County lived in poverty (23%).
- Nearly 1 in 5 adults reported 3+ days with limited activity in the past month (19%).
- Approximately 1 in 4 adults reported 4+ days of poor physical health (27%) and 1 in 4 reported 4+ days of poor mental health (25%) in the previous month.

Changes from Previous Year

- The rate of deaths due to stroke improved by 35% from the previous year.
- The rate of adults without health care coverage worsened by 20%.
- The rate of births to teens aged 15-17 worsened by 26%.
- The rate of deaths attributed to chronic lower respiratory disease improved by 36%.

| | PREVIOUS | CURRENT | GRAD |
|-------------------------------------|----------|---------|------|
| MORTALITY | | | |
| INFANT (RATE PER 1,000) | 17.1 | * | |
| TOTAL (RATE PER 100,000) | 1113.0 | 1015.9 | 0 |
| LEADING CAUSES OF DEATH | | | |
| (RATE PER 100,000) | | | |
| HEART DISEASE | 445.5 | 414.1 | 0 |
| MALIGNANT NEOPLASM (CANCER) | 198.6 | 171.8 | C |
| CEREBROVASCULAR DISEASE (STROKE) | 51.0 | 32.9 | B |
| CHRONIC LOWER RESPIRATORY DISEASE | 54.6 | 35.1 | (B) |
| UNINTENTIONAL INJURY | 72.3 | 87.5 | 0 |
| DIABETES | 31.7 | * | |
| INFLUENZA/PNEUMONIA | 27.4 | * | |
| ALZHEIMER'S DISEASE | | | |
| NEPHRITIS (KIDNEY DISEASE) | 40.2 | 23.7 | • |
| SUICIDES | 3* | * | |
| DISEASE RATES | | | |
| DIABETES PREVALENCE | 12.3% | 12.8% | 0 |
| CURRENT ASTHMA PREVALENCE | 8.9% | 9.4% | C |
| CANCER INCIDENCE (RATE PER 100,000) | 546.9 | 437.3 | B |
| RISK FACTORS & BEHAVIORS | | | |
| MINIMAL FRUIT CONSUMPTION | NA | 53.3% | G |
| MINIMAL VEGETABLE CONSUMPTION | NA | 28.6% | 4000 |
| NO PHYSICAL ACTIVITY | 36.0% | 33.0% | Ğ |
| CURRENT SMOKING PREVALENCE | 29.2% | 25.8% | 0 |
| OBESITY | 32.3% | 33.2% | G |
| IMMUNIZATIONS < 3 YEARS | 86.3% | 67.0% | 0 |
| SENIORS INFLUENZA VACCINATION | 63.9% | 69.3% | A |
| SENIORS PNEUMONIA VACCINATION | 74.1% | 76.3% | 0 |
| LIMITED ACTIVITY DAYS | 18.0% | 19.4% | 0 |
| POOR MENTAL HEALTH DAYS | 26.4% | 24.6% | C |
| POOR PHYSICAL HEALTH DAYS | 25.9% | 26.6% | 0 |
| GOOD OR BETTER HEALTH RATING | 71.9% | 73.2% | 0 |
| TEEN FERTILITY (RATE PER 1,000) | 30.3 | 38.3 | G |
| FIRST TRIMESTER PRENATAL CARE | 67.0% | 70.0% | 0 |
| LÓW BIRTH WEIGHT | 8.4% | 7.4% | (B) |
| ADULT DENTAL VISITS | 45.6% | 47.2% | Ø |
| USUAL SOURCE OF CARE | 78.5% | 78.8% | C |
| OCCUPATIONAL FATALITIES | * | * | |
| (RATE PER 100,000 WORKERS) | | | |
| PREVENTABLE HOSPITALIZATIONS | 4034.6 | 3829.9 | 0 |
| (RATE PER 100,000) | | | |
| SOCIOECONOMIC FACTORS | | | |
| NO INSURANCE COVERAGE | 20.7% | 16.6% | C |
| POVERTY | 22.2% | 22.9% | G |

Denotes < 5 events in mortality fields and < 5 or < 50 in the sample population for BRFSS data, which result in unstable rates.

Appendix E- Survey Form and Meeting 3 Materials, October 7, 2015

Coal County General Hospital Local Health Services Survey Please return completed survey by September 23, 2015

| -100 | ense recuir completed and eg ag aspectace. | | | | | |
|------|--------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------|--|--|--|--|
| | The zip code of my residence is: | | | | | |
| | What is your current age: | What is your gender: | | | | |
| 1. | Has your household used the services of a hospital in the p | past 24 months? | | | | |
| | ☐ Yes (Go to Q2) ☐ No (Skip to Q7) | ☐ Don't know (Skip to Q7) | | | | |
| 2. | At which hospital(s) were services received? (please check | | | | | |
| | ☐ Coal County General Hospital (Skip to Q4) | Other (Please specify Hospital and City, then go to Q3) | | | | |
| 3. | If you responded in Q2 that your household received care a why did you or your family member choose that hospital? | | | | | |
| | ☐ Physician referral | ☐ Quality of care/Lack of confidence | | | | |
| | Closer, more convenient location | ☐ Availability of specialty care | | | | |
| | ☐ Insurance reasons | Other (Please list below) | | | | |
| 4. | If you responded in Q2 that your household received care a service(s) were used? | at Coal County General Hospital, what hospital | | | | |
| | ☐ Diagnostic imaging (X-ray, CT, Ultrasound, MRI) | ☐ Hospital Inpatient | | | | |
| | Laboratory | Skilled nursing (swing bed) | | | | |
| | Surgery | ☐ Emergency room (ER) | | | | |
| | Physical therapy | Homecare | | | | |
| | ☐ Specialty Clinic (Cardiology, Orthopedics, Endocrinology, Nephrology etc.) | Other (Please list below) | | | | |
| 5. | How satisfied was your household with the services you re | sceived at Coal County General Hospital? | | | | |
| | ☐ Satisfied ☐ Dissatisfied | □ Don't know | | | | |
| 5. | Why were you satisfied/dissatisfied with services received | at Coal County General Hospital? | | | | |
| 7 | Has your household been to a specialist in the past 24 mon | ths? | | | | |
| | Yes No (Skip to Q11) | ☐ Don't know (Skip to Q11) | | | | |
| 3. | What type of specialist has your household been to in the p | past 24 months and in which city were they located? | | | | |
| | Type of Specialist | City | | | | |
| | | | | | | |
| | | | | | | |
| | | | | | | |
| 9. | Did the specialist request further testing, laboratory work a | - | | | | |
| | ☐ Yes ☐ No | □ Don't know | | | | |
| lΟ | If yes, in which city were the tests or laboratory work perfe | ormed? | | | | |





Continue on reverse side...

| Account of the second | A SANDARON CONTRACTOR OF STREET AND A STREET OF STREET | amily doctor) for most of you D No (Go to Q12) | r routine health care? Don't know (Skip to Q | 13) |
|-------------------------|----------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------|-----------------------------------------------------------------------|----------------------------------------------------------------------------------------|
| | , then what kind of medi Tribal Health Center Income Based Health Ce Mid-Level Clinic (Nurse Health Department | | outine care? Emergency Room/Ho Specialist Other (Please list below) | 70 |
| 5000 | | a primary care (family) docto D No <i>(Skip to Q16)</i> | r in the Coalgate area? Don't know (Skip to Q | 16) |
| | 98 (100 00 kg) 100 mg | ehold with the quality of care Dissatisfied | e received in the Coalgate a | rea? |
| 15. Why | were you satisfied/dissa | tisfied with the care received | l in the Coalgate area? | |
| 16. Do y | | h primary care (family) docto □ No | ors practicing in the Coalga | te area? |
| 17. Wou | | midlevel provider (nurse pra □ No | uctitioner or PA) for your ro | outine healthcare needs? |
| 18. Are y | | tment with your primary care □ No | e (family) doctor when you Don't know | need one? |
| 19. What | t concerns you most abo | ut health care in the Coalgate | e area? | |
| 20. What | t other services would yo | ou like to see offered at Coal | County General Hospital? | |
| Π, | | nity programs offered by the No ogram(s) | hospital? Don't know | |
| <u>0</u> 1 1 1 | are you currently inform Outlet Newspaper Radio Email Website | ned of community events? (P Source | le ase check all that apply t | with the outlet) |
| | weosite Social Media (Facebook Other | and Twitter) | | Please mail completed survey to: Coal County General |
| (Plea | (430) 50 | notified of community events ith 1=most preferred and 5= Email Website | | Hospital 6 N. Covington St. Coalgate, OK 74538 Or, return to hospital administration. |

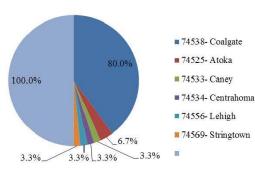




Coal County General Hospital Community Survey Results

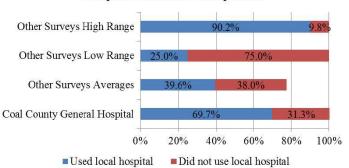
As part of the Community Health Needs Assessment

Zip Code of Residence

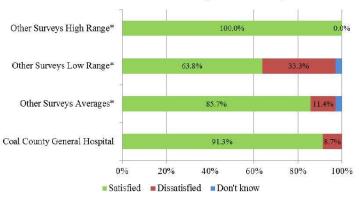


| Type of Specialist Visits | | | | | | |
|--------------------------------------------------------|-----|---------|--|--|--|--|
| Specialist | No. | Percent | | | | |
| Top 5 Responses | | | | | | |
| Cardiologist (0 visits in Coalgate) | 12 | 30.3% | | | | |
| Neurologist/Neurosurgeon (0 visits in Coalgate) | 5 | 12.5% | | | | |
| Orthopedist/Orthopedic Surg. (0 visits in Coalgate) | 4 | 10.0% | | | | |
| Gastroenterologist (0 visits in Coalgate) | 2 | 5.0% | | | | |
| Ophthalmologist (0 visits in Coalgate) | 2 | 5.0% | | | | |
| All others (2 visits in Coalgate) | 15 | 37.5% | | | | |
| Total | 266 | 100.0% | | | | |

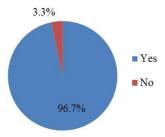
Hospital Utilization Comparison

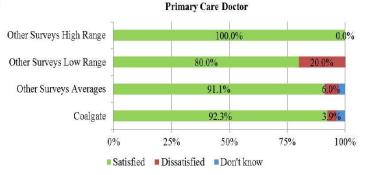


Satisfaction with Coal County General Hospital



Use Family Doctor for Routine Health Care





Satisfaction with Coalgate Area

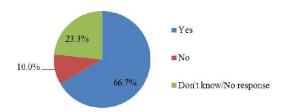




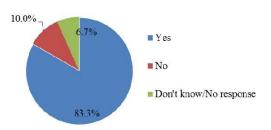
Do you think there are enough primary care doctors practicing in the Coalgate area?

20.0% Yes No Don't know/No response

Would you see a midlevel provider for routine healthcare needs?



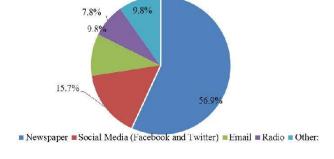
Are you able to get an appointment with your primary care doctor when needed?

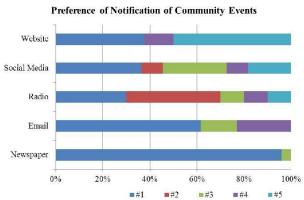


| Healthcare concerns- Top 3 Responses | | | | | | |
|---------------------------------------------------------------|-----|---------|--|--|--|--|
| Concern | No. | Percent | | | | |
| Lack of providers/Retaining providers/ Qualified providers | 5 | 13.9% | | | | |
| No concerns/Receive good care/Don't know | 3 | 8.3% | | | | |
| Lack of specialists | 3 | 8.3% | | | | |
| All others | 25 | 69.4% | | | | |
| Total | 36 | 100.0% | | | | |

| Additional Services to Offer- Top 3 Responses | | | | | |
|-------------------------------------------------------------------|-----|---------|--|--|--|
| Services | No. | Percent | | | |
| Specialists | 2 | 5.9% | | | |
| Cancer treatment: Chemo and Radiation | 2 | 5.9% | | | |
| No additional services/Satisfied wit what is available/Don't know | 1 | 2.9% | | | |
| All others | 29 | 85.3% | | | |
| Total | 34 | 100.0% | | | |

Outlets Used for Information about Community Events





For additional information, please contact

Lara Brooks, Rural Health Analyst, lara.brooks@okstate.edu

Corie Kaiser, Director, corie.kaiser@okstate.edu

Oklahoma Office of Rural Health

Phone: 405.840.6500

This project is/was supported by the Health Resources and Services Administration (HRSA) of the U.S. Department of Health and Human Services (HHS) under grant number H54RH00058 and title: Medicare Rural Hospital Flexibility Grant Program for \$550,000, 0% financed with nongovernmental sources. This information or content and conclusions are those of the author and should not be construed as the official position or policy of, nor should Charles any endorsements be inferred by HRSA, HHS or the U.S. Government.

Primary Care Physician Demand Analysis for the Coalgate Medical Service Area

As part of the Community Health Needs Assessment

Table 1. Population of Coal County General Hospital Medical Service Areas

| 1105 | pitai Meulcai Sei vici | e Ai eas | |
|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------|----------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Zip Code | City | Population | |
| Primary Med | dical Service Area | | |
| 74534 | Centrahoma | 255 | Figure 1. Coal County General Hospital Primary and Secondary Medical Service Areas |
| 74535 | Clarita | 221 | Petto-valuable (1997) |
| 74538 | Coalgate | 3,967 | 90014 man 7420 2 747 |
| 74556 | Lehigh | 470 | Traction results from the first terms of the first |
| 74572 | Tupelo | 745 | |
| 72 | Totals | <u>5,658</u> | |
| Secondary Me | edical Service Area | | The state of the s |
| 74525 | Atoka | 9,823 | The state of the s |
| 74530 | Bromide | 240 | |
| 74531 | Calvin | 891 | Administration of the second o |
| 74553 | Kiowa | 1,057 | Carter Tains |
| 74560 | Pittsburg | 559 | Manchall 7942 |
| 74569 | Stringtown | 992 | Legend Secondary Medical Service Area |
| 74570 | Stuart | 1,096 | |
| 74576 | Wardville | 159 | |
| 74825 | Allen | 2,211 | |
| 73461 | Wapanueka | 840 | |
| 74871 | Stonewall | 2,198 | |
| | Totals | <u> 20,066</u> | |
| AND AND AND ADDRESS OF MARKET AND ADDRESS OF THE PARTY OF | | 0.00 | |

SOURCE: Population data from the U.S. Bureau of Census, 2009-2013 American Community Survey (August 2015).

Table 2a. Annual Primary Care Physician Office Visits Generated in the Coalgate, Oklahoma, Medical Service Areas

| 42 | Wiedical Bel vice Al eas | | | | | | | | |
|-------------|--------------------------|---------------------|---------|------------|---------------------|--------|--------|--|--|
| D | | PRIMAR | Y MEDIC | AL SERVICE | AREA | | | | |
| | | Male | | | Female | | | | |
| | 09-13 | Visit | | 09-13 | Visit | | Total | | |
| Age | Population | Rate ^[3] | Visits | Population | Rate ^[3] | Visits | Visits | | |
| | | | | | | | | | |
| Under 15 | 602 | 2.5 | 1,505 | 562 | 2.3 | 1,293 | 2,798 | | |
| 15-24 | 371 | 1.2 | 445 | 319 | 2.1 | 670 | 1,115 | | |
| 25-44 | 561 | 1.5 | 842 | 609 | 3.1 | 1,888 | 2,729 | | |
| 45-64 | 787 | 2.9 | 2,282 | 784 | 3.7 | 2,901 | 5,183 | | |
| 65-74 | 257 | 5.1 | 1,311 | 285 | 5.6 | 1,596 | 2,907 | | |
| 75 + | <u>183</u> | 6.9 | 1,263 | <u>338</u> | 6.6 | 2,231 | 3,494 | | |
| Total | 2,761 | | 7,647 | | | 10,578 | 18,225 | | |
| | | | , | | | | ** | | |

Primary Medical Service Area - Local Primary Care Physician office visits per year: 9,951





Table 2b. Annual Primary Care Physician Office Visits Generated in the Coalgate, Oklahoma, Medical Service Areas

| | | CONTROL OF STREET STREET STREET | | CAL SERVIC | CE AREA | | |
|-------------|------------|---------------------------------|--------|------------|---------------------|--------|--------|
| | | Male | | | Female | | |
| 76 | 09-13 | Visit | | 09-13 | Visit | | Total |
| Age | Population | Rate ^[3] | Visits | Population | Rate ^[3] | Visits | Visits |
| Under 15 | 1,951 | 2.5 | 4,878 | 1,879 | 2.3 | 4,322 | 9,199 |
| 15-24 | 1,458 | 1.2 | 1,750 | | 2.1 | 2,232 | 3,982 |
| 25-44 | 2,740 | 1.5 | 4,110 | 2,237 | 3.1 | 6,935 | 11,045 |
| 45-64 | 2,752 | 2.9 | 7,981 | 2,641 | 3.7 | 9,772 | 17,753 |
| 65-74 | 903 | 5.1 | 4,605 | 1,060 | 5.6 | 5,936 | 10,541 |
| 75 + | 635 | 6.9 | 4,382 | <u>747</u> | 6.6 | 4,930 | 9,312 |
| Total | 10,439 | | 27,705 | 9,627 | | 34,127 | 61,831 |
| | | | | | | | |

Secondary Medical Service Area - Local Primary Care Physician office visits per year: 33,760

Source: U. S. Department of Health and Human Services, Centers for Disease Control and Prevention, National Center of Health Statistics, "National Ambulatory Medical Care Survey: 2012 Summary.

Table 3. Primary Care Physician Office Visits Given Usage by Local Residents in the Coalgate, Oklahoma Medical Service Area

| | | - | Usage by Residents of Primary Service Area | | | | | |
|-----------------|------|--------|--------------------------------------------|--------|--------|--------|--------|--------|
| | 0. | 70% | 75% | 80% | 85% | 90% | 95% | 100% |
| | 5% | 8,654 | 9,151 | 9,649 | 10,146 | 10,644 | 11,142 | 11,639 |
| | 10% | 10,342 | 10,839 | 11,337 | 11,834 | 12,332 | 12,830 | 13,327 |
| Usage by | 15% | 12,030 | 12,527 | 13,025 | 13,522 | 14,020 | 14,517 | 15,015 |
| Residents | | 13,718 | 14,215 | 14,713 | 15,210 | 15,708 | 16,205 | 16,703 |
| of | 25% | 15,406 | 15,903 | 16,401 | 16,898 | 17,396 | 17,893 | 18,391 |
| Secondary | 30% | 17,094 | 17,591 | 18,089 | 18,586 | 19,084 | 19,581 | 20,079 |
| Service Area | 3370 | 18,782 | 19,279 | 19,777 | 20,274 | 20,772 | 21,269 | 21,767 |
| | 40% | 20,470 | 20,967 | 21,465 | 21,962 | 22,460 | 22,957 | 23,455 |
| | 45% | 22,158 | 22,655 | 23,153 | 23,650 | 24,148 | 24,645 | 25,143 |
| | 50% | 23,846 | 24,343 | 24,841 | 25,338 | 25,836 | 26,333 | 26,831 |

If 90% primary medical service area and 10 to 15% secondary medical service area, then the usage would be: 12,332 to 14,020 total primary care physician office visits in the Coalgate area for an estimated 2.9 to 3.4 Total Primary Care Physicians.

(Based on 83.7 average weekly primary care physician visits with a 50 week year)

For additional information, please contact Lara Brooks, Rural Health Analyst, lara.brooks@okstate.edu Corie Kaiser, Director, corie.kaiser@okstate.edu

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